

# NEWSLETTER

October-December, 2023



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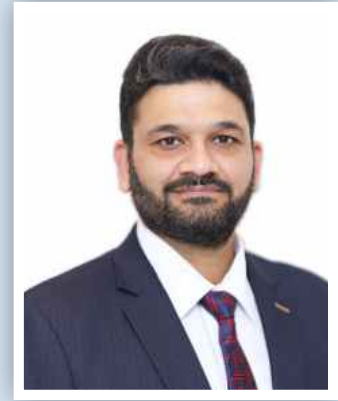
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Kohistan Road, F-8 Markaz, Islamabad. 

# NEW LEADERSHIP



**Mr. Ali Umar Alvie**  
Managing Director



**Dr. Bilal Arshad Butt**  
Chief Executive Officer

Following the unfortunate passing of Chairman Mr. Ali Raza Alvie, Mr. Ali Umar Alvie has been appointed Managing Director by the Board of Directors to ensure organizational continuity and stability. This leadership transition is pivotal for navigating current challenges and fulfilling the long-term goals set by Mr. Ali Raza Alvie.

In November 2023, Dr. Bilal Arshad Butt assumed the role of CEO, bringing extensive executive experience and a strategic vision for the future. Dr. Butt aims to optimize operations while aligning with the original vision of the late Ali Raza Alvie.

The combined leadership of Mr. Ali Umar Alvie and Dr. Bilal Arshad ensures a dynamic approach, fostering both continuity and innovation in the pursuit of the hospital's objectives.

## Dexa Scan Room & Labor Room Renovation

The Dexa Scan Room and Labor Room in our medical facility have recently undergone substantial renovations, aiming to elevate the overall patient experience and optimize healthcare services. Concurrently, the labor room has been redesigned to provide expectant mothers with a more comfortable and technologically advanced environment. These renovations underscore our commitment to upholding high standards of healthcare, ensuring that our patients receive the best possible care in updated and improved facilities.



Labor Room



Dexa Scan Room

October is Breast Cancer Awareness Month, an annual campaign to raise awareness of this complex disease. Each year Ali Medical Centre organizes an awareness program on self examination and to show their support for the many people affected by breast cancer. This year the event on Breast Cancer Awareness was organized, bringing together women from the community along with our dedicated medical consultants and staff.



Informative discussions about breast cancer were conducted, focusing on early detection and prevention. The goal is to empower everyone to fight against this disease, providing support to those affected.

We're thankful to all who participated and contributed to the success of this event. As a result, we established a **Well Women's Clinic** at Ali Medical Centre, offering checkups and awareness programs throughout October.

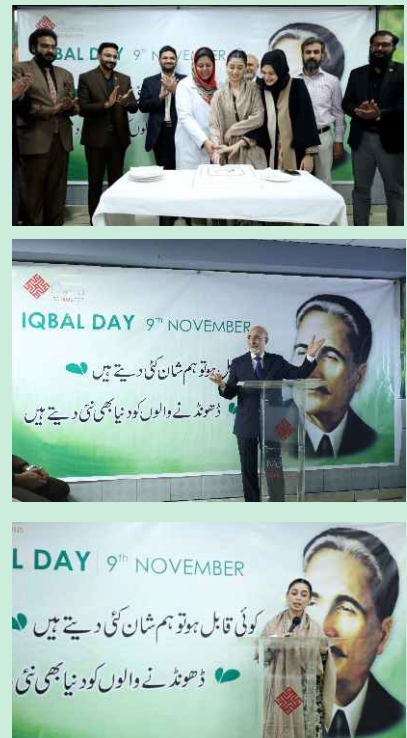


For people affected by breast cancer, awareness is not just about October. Together, let's detect breast cancer early and ensure timely treatment.

# ALLAMA IQBAL DAY

Like in other parts of the country, the 146<sup>th</sup> birth anniversary of Allama Muhammad Iqbal, the poet of the East, was celebrated with zeal and zest at Ali Medical Centre. Prof. Dr. Khaleeq Uz Zaman (Neurosurgeon), Dr. Bilal Arshed Butt *Chief Executive Officer*, Divisional Heads of AMC and Mrs. Ali Raza Alvie (Late) *Chairman Ali Medical Centre* & his daughter participated in the cake-cutting ceremony.

They honored the contributions of Allama Iqbal to the Muslims of the subcontinent through his poetic works. Prof. Dr. Khaleeq Uz Zaman addressed the gathering, highlighting that Allama Iqbal instilled a sense of freedom among the Muslims of the subcontinent through his poetry. During the gathering, participants expressed deep admiration and respect for the invaluable services rendered by Allama Iqbal to the Muslims of the subcontinent through his profound poetry.



Antibiotic resistance is a pressing global issue where bacteria evolve to withstand the effects of antibiotics, rendering these crucial drugs less effective. Overuse and misuse of antibiotics in human healthcare contribute to this problem, creating a threat to public health worldwide. The rise of resistant infections complicates treatment, increases healthcare costs, and poses a significant risk to vulnerable populations. Addressing antibiotic resistance requires coordinated efforts, emphasizing responsible antibiotic use, innovative research, and international collaboration to safeguard the effectiveness of these essential medications.

## Patient Safety & Antimicrobial Awareness Day

Our honorable chief guest, Ms. Salwa Ahsan (Chief of Pharmacy, Shifa International Hospitals Ltd Islamabad) shared a valuable message with us that Antimicrobial resistance poses a significant threat to patient safety, making it a crucial aspect of awareness on Patient Safety Day at Ali Medical Centre. By addressing the global issue of antimicrobial resistance, we aim to safeguard the effectiveness of antibiotics and ensure better outcomes for our patients. Through education and responsible antibiotic use, we contribute to both patient safety and the global fight against antimicrobial resistance, promoting a healthier and more secure healthcare environment.

Keeping in view the importance of Antibiotic safety and awareness. **Dr. Nabeel Alvi (Rph)** Manager Quality Management Department and **Dr. Anees ur Rehman (Rph)** Senior Manager Pharmacy delivered sessions on following topics at Maroof International Hospital, Islamabad on Saturday 18<sup>th</sup> November, 2023:

- Antibiotic Stewardship
- Antibiotic Sterwadship At Ali Medical Centre
- Medication Safety

This is another step forward towards spreading antibiotic awareness, engaging community and other health-care institutions.

Along with antibiotic awareness Ali Medical Centre celebrated *Patient Safety Awareness Day* to emphasize the importance of ensuring a secure healthcare environment. This day serves as a reminder to healthcare professionals, staff, and the community to prioritize patient safety through continuous education, training, and stringent protocols. Ali Medical Centre is committed to fostering a culture of safety, transparency, and open communication to enhance the overall well-being of our patients.



### Addition of Ware House

Ware House along with offices has been established to efficiently manage the store inventory along with offices in I/9 Sector for enhancing our services.

# MoU Signing

Memorandum of Understanding was signed with Sarhad University & Blood Bank Services Islamabad.



1) Sarhad University of Information & Technology (Islamabad Campus): To facilitate the training of SUIT undergraduate students pursuing degrees in BScN, DPT, MLT, Anesthesia etc. for future healthcare professionals.

2) Blood Bank Services Islamabad: For timely provision of safe blood products to patients.

## Addition of new Ambulance

The new ambulance is well equipped for safe transportation and immediate medical care for patients.



## CERVICAL CANCER Awareness Session

In an effort to heighten awareness about cervical cancer, **Dr. Syeda Batool** generously shared her expertise at Ali Medical Centre. On Cervical Cancer Awareness Day, Ali Medical Centre provided complimentary pap smears, coupled with Dr. Batool's insightful discourse on cervical cancer and its associated risks. We were also honored to host **Dr. Amna Afzal** from *Metropole Laboratories*, who shared valuable insights on Human Papillomavirus (HPV) and diagnostic management strategies for cervical cancer.



The Human Resources & Development department of Ali Medical Centre organised the annual AMC Cricket Gala – Season VIII on October 22<sup>nd</sup>, 2023 at F-10 Markaz (Punjab Cricket Club Ground).

The competition was among six teams comprised of five in-house and one out of house teams. The **AMC DRAGONS** conquered the evening, claiming first place, while **AMC Zalmi** were declared the runner ups of the annual AMC Cricket Gala.

The best batsman trophy was awarded to **Mr. Awais Tariq** from AMC DRAGONS and best bowler was awarded to **Mr. Hamza Zameer** also from AMC DRAGONS. Most liked player was awarded to **Mr. Asad Ullah** from AMC Zalmi. Post-match ceremony and prizes were distributed by Honorable Managing Director, Mr. Ali Umar Alvie, along with the CEO, Dr. Bilal Arshed Butt.



Ali Medical Centre celebrated World Diabetes Days from 14<sup>th</sup> to 16<sup>th</sup> November, 2023, dedicated to raising awareness about the disease. The festivities commenced with a walk and an opening ceremony. Throughout the three-day event, special discounts were offered to facilitate patients, combining healthcare accessibility with awareness initiatives. A significant number of employees actively took part in the event, adding to its success by proudly displaying awareness banners and contributing to the walk.



# Infectious Control & Prevention Ceremony

At Ali Medical Centre, we marked Hand Hygiene Awareness Day with a dedicated focus on the critical importance of maintaining clean hands for overall health. Both staff and visitors actively participated in sessions designed to emphasize the significance of proper hand hygiene in preventing infections. During the event, esteemed guests, including Director of Nursing (e Shifa) Mr. Karim and Dr. Hijab from Indus Hospital, underscored the purpose and steps of hand hygiene. Demonstrations showcasing correct hand washing techniques were conducted, stressing the necessity of using soap and water for a minimum of 20 seconds.

The primary objective of the occasion was to cultivate a culture of hand hygiene awareness, highlighting its pivotal role in fostering safer and healthier environments within the medical centre. Dr. Bilal Arshed Butt and Infectious Disease Consultant Dr. Naseem Akhter underscored the paramount importance of hand hygiene. They emphasized that regular hand washing with soap and water is crucial for preventing the spread of infections, effectively removing bacteria and viruses and thereby reducing the risk of illness. This simple yet effective measure serves to protect both personal health and public well-being.



## World's AIDS Day



In healthcare settings, particularly when dealing with vulnerable individuals, practicing impeccable hand hygiene is not merely a responsibility but also a moral obligation. Furthermore, Ali Medical Centre conducted awareness sessions aimed at enhancing understanding regarding HIV/AIDS and its recent advancements, emphasizing the vital role of healthcare workers in combating the challenges associated with HIV/AIDS.





## World Disability Day

On World Disability Day at Ali Trust, an awareness session conducted by Ali Medical consultants covered crucial topics. Ms. Qurat-Ul-Ain shed light on the importance of Speech-Language Pathology services, stressing their role in addressing communication disorders. Simultaneously, Dr. Hira Hadi emphasized the necessity of physiotherapy for individuals with disabilities, emphasizing its pivotal role in managing and improving lives. Dr. Naveed Ashraf, a pediatrician, discussed the distinctive challenges faced by children with disabilities, such as limited access to education and societal stigma.



## Quaid-E-Azam Day/Road Divider Park Inauguration

Beautification of road divider in front of Ali Medical Centre has been carried out to create peaceful waiting area for patients & to manage crowd within the hospital as well as support to CDA/MCI as corporate social responsibility (CSR) of Ali Medical Centre.



## Christmas Day

Cake cutting ceremony with all Christian staff was done to eliminate caste differences & creating an environment of unity, understanding, & respect among all & to celebrate the day with all staff.



Under Universal Health Care Day, a free medical camp was arranged at Bhimber, Tarrar (Rural area of Islamabad) and served around 400 patients with free consultations and medicine, in collaboration with District Health Office.



## Installation of New Patient Beds

To streamline and provide better services to our patients, Ali Medical Centre has invested in state-of-the-art patient beds. The executive rooms, general wards and labor rooms have all been upgraded with the latest technology, underscoring our dedication to prioritizing the safety and comfort of our valued patients.



# Vaccination Room



We are pleased to announce that our Vaccination Room has undergone a dedicated and thorough renovation to enhance the vaccination experience for our community. The separate renovation has been carefully designed to create a more efficient and comfortable environment for individuals receiving vaccinations.

The updated space includes improved seating arrangements, streamlined processes, and the integration of modern medical equipment to ensure a smooth and quick vaccination process. This dedicated effort underscores our commitment to public health and emphasizes the importance of providing a welcoming and efficient setting for individuals seeking vaccinations.

## In memory of **Ali Raza Alvie (Late)**

December 18th 2023, was a cold evening in Islamabad. I was walking along Kohistan Road on my way back home and saw a number of men sitting on the median huddling together to avoid the frosty gust.

Some of them might not have had received their wages, some were waiting for alms and the rest were biding their time so they could sleep on that same median. A year ago, they would have been the guests of a humble soul, the late **Ali Raza Alvie**.

**Ali Raza Alvie** was the most down to earth soul and the caretaker of everyone in the community. He felt it was his good fortune to help as many people as he could. He worked for the upward mobility and relief for the poverty-stricken people in Islamabad.

By the grace of the Almighty, we have been blessed with such leadership once again. We will never forget the mission of **Ali Raza Alvie**, Insha'Allah! He was an embodiment of the finest qualities and a great soul with a heart of gold. Heaven gained and earth lost a rare gem. May he rest in eternal peace and be blessed with the highest rank in Jan' nah-tul-Firdous.

Ameen.

By: **Jawad Siddique** (GM Admin)

# Patients' Feedback



This is to inform you that you have improved your staff with advance technology and awareness about how to tackle the patient in different situations. Your staff Mr. Zahid Bangash is very trained and aware about how to deal with each and every patient and with good attitude. His gesture towards the patient is outstanding. Smiling face is more important for every patient at every stage.

Keep up the good work.

**Murtaza**

I had a very pleasant stay at Ali Medical Centre. All the paramedical staff is very loving, friendly, cooperative and supportive. Nurses Zainab, Sania, Rukhsana and Naheeda made my stay very comfortable and helped me feel better. Dr. Hasan is a very cooperative doctor. Above all Prof. Dr. Khaleeq uz Zaman has done a great procedure.

**Rana Hassan Khan**

Ali Medical Centre services are good and I am satisfied. Their emergency staff is very cooperative. Dr. Muaz is always connected with his patients. He is very devoted and kind doctor. I am highly satisfied with Ali Medical staff and doctors.

**Sikander Sheikh**

I had a very good experience in Ali Medical Centre. Staff and doctor was very cooperative. Their behavior was very nice and they were very cooperative with me. They took care of hygiene as well. I am very satisfied with Dr. Shumaila and the whole staff of Ali Medical Centre. Highly recommended!

**Alina Ibrahim**

The staff is very friendly and helpful. The registration process is comparatively easy too. The charges are also fine.

**Ayesha Yasin**

## Editorial Board

Founder: Mahmood ul Haq Alvie (Late)  
Patron in Chief: Ali Raza Alvie (Late)  
Patron: Ali Umar Alvie (Managing Director)

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